

## Skied for hours

Hi, my name is Vivienne. I had a ski accident two years ago and injured my knee. My family loves to ski, and under much duress I went along this past December to Vail.

I dreaded skiing again because of the pain in my left knee. I actually did try a few times and could not wait to get to the bottom because the pain was excruciating. I bumped into a chap who suggested I demo the CADS.

I was amazed that I did not just enjoy the ski but skied for hours. We went to Whistler, Canada, at the end of January. I skied each day, all day, and my knee is actually doing better, as I think the CADS helps keep the knee in proper alignment.

I was asked by so many people on the mountain what CADS were. I really wish that there was more exposure to CADS. I believe it would certainly help many people who want to ski but find it just to painful. A very interesting trip and most enjoyable, thanks to my CADS.

**Vivienne Moore**

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